



TRAVEL PROGRAM MEDIA GUIDE

Village Life® in Dordogne

We hope you find the following list of resources—books, maps, video recordings, audio recordings and websites—relating to your travel program helpful. The book titles listed should be available at local public or university libraries; most of them may be purchased and/or downloaded for e-readers through local and online bookstores.

◆ **GUIDEBOOKS AND MAPS**

Barber, Richard. *The Companion Guide to Gascony and Dordogne*. Companion Guides. 2002.
An in-depth introduction to the art, architecture and culture of Dordogne, enhanced by the author's personal observations and a generous assortment of photographs and maps.

DK Eyewitness Travel: France. DK Eyewitness Travel. 2018.

Known for publishing visual guidebooks with inspirational rather than encyclopedic coverage, *Eyewitness* guides are fine planning tools rather than an indispensable on-the-ground resource. Lively photography, illustrations and curated lists of regional highlights evoke the natural beauty and cultural largesse of France, including the Brittany and Normandy regions.

DK Eyewitness Travel: Dordogne, Bordeaux, and the Southwest Coast. DK Eyewitness Travel. 2016. This compact, useful guide highlights the principal attractions of the Dordogne and southwest France and provides itineraries, guided walking tours and cultural features complemented with an abundance of photographs and illustrated cutaway 3-D drawings of major sights.

Gray-Durant, Delia. *Blue Guide: Southwest France*. Somerset Books. 2006.

A scholarly and detailed guidebook that presents a wealth of information on the art and architecture of Southwestern France, in addition to the region's most celebrated monuments, landmarks and museums. A perfect companion for travelers seeking historical and cultural context, rather than up-to-date listings and an evocative narrative.

IGN (publishers). *Dordogne Map D24*. Institut Geographique National. 2010.

This French-made map covers the Dordogne at a scale of 1:200,000.

Michelin. *The Green Guide — Dordogne, Berry, Limousin*. Michelin. 2017.

This highly rated guide from the renowned Michelin series offers substantial background information about sights and attractions, as well as practical tips, advice and recommendations, peppered with lively anecdotes. Plenty of maps and photos are provided.

◆ **HISTORY AND CULTURE**

Ardagh, John. *France in the New Century: Portrait of a Changing Society*. Penguin Books. 2001.

Ardagh provides an authoritative, informative account of the cultural underpinnings of modern French society since 1945, examining its increasingly centrifugal nature in the process.



Kelly, Amy Ruth. *Eleanor of Aquitaine and the Four Kings*. Harvard University Press. 1991.
Kelly's extensive research and her vigorous prose bring to life the 12th-century world of Eleanor of Aquitaine, the most influential woman of her age.

Price, Roger. *A Concise History of France*. Cambridge University Press. 2014.
From the Cambridge University Press series of national histories, this survey is a clear and up-to-date guide to French history from Charlemagne to Jacques Chirac.

◆ ART AND ARCHITECTURE

Aujoulat, Norbert. *Lascaux: Movement, Space and Time*. Harry N. Abrams. 2005. A definitive book on the Lascaux caves written by one of just a handful of scientists still permitted to enter Lascaux. With compelling authority and scientific rigor, Aujoulat elucidates the archaeology, geology and ethology of the site discovered by two spelunking teenagers in 1940.

Chauvet, Jean-Marie. *Dawn of the Art: The Chauvet Cave, the Oldest Known Paintings in the World*. Harry N. Abrams. 1996. This text documents the oldest prehistoric art yet discovered.

Desdemaines-Hugon, Christine. *Stepping Stones: A Journey Through the Ice Age Caves of the Dordogne*. Yale University Press. 2010. A leading expert on the cave art of Dordogne and the Pre-History Expert for our program, Desdemaines-Hugon provides an intimate look at the artistry of the region's Paleolithic paintings and drawings and conveys the experience of coming face to face with them.

Erlande-Brandenburg, Alain. *Cathedrals and Castles: Building in the Middle Ages*. Harry Abrams. 1995. Photos, drawings and details of manuscripts tell the fascinating story of the development of medieval architecture, revealing how Gothic cathedrals, great castles, bridges, houses and city walls were built.

Ruspoli, Mario. *The Cave of Lascaux: The Final Photographs*. Harry N. Abrams. 1987.
In 1983, two decades after Lascaux was closed to the public, television producer Ruspoli was granted permission by the French Ministry of Culture to film and take photographs of the renowned Paleolithic site in order to create a cinematic record. The graceful renderings of animals in stately friezes and courting rituals are stunningly reproduced with fascinating text that posits the theory that the 13,000-year-old cave paintings formed part of a paleolithic mythology, with Lascaux a religious sanctuary.

Sandars, N.K. *Prehistoric Art in Europe*. Yale University Press. 1992 (2nd edition).
A good introduction to European cave art and its role in understanding the history of mankind; black and white photographs accompany the text.

Vialou, Denis. *Prehistoric Art and Civilization*. Harry N. Abrams. 1998.
Examines art and culture in order to trace the development of prehistoric societies.

◆ LITERATURE AND TRAVEL MEMOIRS

Caro, Ina. *The Road from the Past: Traveling through History in France*. Mariner Books. 1996.
The author recaptures France's imperishable past as she explores châteaux, cathedrals and abbeys, blending personal insights with solid historical background.



Cusumano, Camille (Editor). *France, a Love Story: Women Write about the French Experience*. Seal Press. 2004. Twenty-five (mostly American) women from Alice B. Toklas to Ruth M.F.K. Fischer write about their love of France and their wide ranges of experiences in the country.

Draubem Betsy and Michael Hinden. *A Castle in the Backyard: The Dream of a House in France*. University of Wisconsin Press. 2006. Two University of Wisconsin professors recount their 15 summers in Dordogne, where they purchased an old stone house in the village of Castlenuad-la-Chapelle.

Kerper, Barrie (Editor). *Fodor's Southwest France: An Inspired Anthology and Travel Resource (The Collected Traveler)*. Fodor's. 2003. This comprehensive collection of travel essays features the work of some of America's most respected travel writers.

Merwin, W.S. *The Lost Upland, Stories of Southwest France*. Counterpoint. 2004. A widely acclaimed series of stories concerning life in Dordogne by noted poet W.S. Merwin, who owns a house in the region.

◆ FOOD

Bentley, James. *Life and Food in the Dordogne*. New Amsterdam Books. 2004. A noted chef and food writer, Bentley shares his experiences of the everyday life and cuisine of one of his favorite corners of France.

Child, Julia, Simone Beck, and Louise Bertholle. *Mastering the Art of French Cooking Volumes One and Two*. Knopf. 2009. Julia Child's masterpiece, this two-volume set has introduced millions of Americans to French cooking for more than 40 years, and remains just as relevant and user-friendly as ever. Originally released as separate volumes in 1961 and 1970, this set is collectively considered one of the most important American cookbooks ever published, this is your ticket to such classic dishes as *coq au vin* and *boeuf bourguignon*. Child's other works—including *The French Chef Cookbook*—are all excellent, but this is truly her *pièce de résistance*.

Clifton-Mogg, Caroline and Christopher Drake (photographer). *French Country Living*. Ryland Peters & Small. 2008. This beautiful book, complete with scores of photographs, takes the reader inside life in the French country.

Hesser, Amanda. *The Cook and the Gardener: A Year of Recipes and Writings for the French Countryside*. W.W. Norton & Company. 2000. Written by a talented young writer for *The New York Times* "Dining" section, this wonderful account of cooking and living for a year in Burgundy is organized by month with corresponding recipes. An integral part of the book is on gardening and Hesser's relationship with an elderly French gardener, Monsieur Milbert.

Sanders, Michael S. *Families of the Vine, Seasons Among the Winemakers of Southwest France*. Harper Perennial. 2006. A wonderful window into the world of wine-making, Sanders presents an entertaining, illuminating and intensely human tale of three families of vintners in Southwest France who share a passion for the centuries-old traditions that underpin French rural life and the craft that defines them.



Sanders, Michael S. *From Here, You Can't See Paris: Seasons of a French Village and Its Restaurant*. Harper Collins. 2002. With his wife and young daughter, Sanders spent a year in southwestern France, in the village of Les Arques, tracing the rhythm of rural life and the restaurant at the town's heart.

Savoy, Guy. *Guy Savoy: Simple French Recipes for the Home Cook*. Stewart, Tabori and Chang. 2004. Savoy, who has the distinction of earning the highly prized Michelin stars, introduces classic French cooking with simple and original dishes accessible to the typical cook with more than 80 recipes focusing on seasonal produce and ingredients.

Wolfert, Paula. *The Cooking of Southwest France: Recipes from France's Magnificent Rustic Cuisine*. Wiley. 2005 (revised edition). From cassoulet to foie gras, Wolfert provides a comprehensive introduction to the distinctive cuisine of Southwest France in this revised and expanded edition of her 1983 classic.

◆ DOCUMENTARIES AND FILMS

Listed below are films, documentaries and travel programs featuring France. All should be available on DVD and/or Blu-ray at your local library and/or bookstores, or may be ordered online.

Dr. Merry's France. Education 2000. 2005.

This installment of Dr. Merry's Nomad Travel series covers the usual highlights as well as some more obscure aspects of France and French history, including the Roman colonization and the Dordogne's prehistoric legacy.

Tales From the Vineyard. PBS. 2003.

Part wine journal, part adventure, this documentary explores the wines and people of France with host Serge David. The program covers the process of making wine, terminology, an introduction to grapes, how to read a label, buying wine and other useful information. This is an intimate and accessible journey into the heart of the French vineyard and the mind of the winemaker.

Paris Can Wait. Sony Pictures Classics. 2016.

A directorial debut for Eleanor Coppola, this delightful film is a gastronomic adventure through the heart of France starring Diane Lane and Alec Baldwin. What should be a seven-hour drive from Cannes to Paris turns into a two-day journey enjoying the French countryside, its incredible cuisine, world-famous wines and beautiful, sweeping scenery.

Rick Steves Travel the World: France, The Dordogne Region, The French Riviera. PBS. 1998.

Rick Steves' numerous travel programs feature excellent photography, an overview of regional highlights and helpful travel tips.

Rick Steves' Europe Online Television Episodes

Join ubiquitous television personality Rick Steves on a journey throughout France. Steves travels to some of the towns, villages and cities we will visit during our travel program in the following episode:

- *France's Dordogne*

This and other episodes can be accessed from:

www.ricksteves.com/watch-read-listen/video/tv-show



◆ MUSIC AND AUDIO RECORDINGS

French Café. Various Artists. Putumayo. 2003.

French Café includes performances of classic and modern French music by renowned icons such as Serge Gainsbourg, Georges Brassens, Brigitte Bardot, Jane Birkin and Barbara alongside contemporary musicians who have been adding new energy to the classic French sound, such as Paris Combo, Sanseverino, Polo, Coralie Clement, Enzo Enzo and Baguette Quartette.

French Orchestral Music: Works by Debussy, Ravel, Berlioz, Franck, Hérold, Saint-Saëns, Bizet, Thomas, & Dukas. NBC Symphony Orchestra. Musical Heritage Society. A great introduction to works by some of France's greatest composers, including Debussy and Ravel.

French Opera Overtures. London Philharmonic Orchestra.

A good overview of French opera originally recorded in 1951 and recently re-released on compact disc.

French Playground. Various Artists. Putumayo. 2005.

An entertaining, light-hearted musical voyage through French language music from across the world.

Organ History: Eric Satie & French Rarities of the 20th Century. 2004.

Various works by Satie, D'Indy, Honegger, Ibert, Milhaud, Roussel, Tournemire and others performed by Arturo Sacchetti (organ).

◆ WEBSITES

www.cbp.gov/travel

U.S. Customs and Border Protection (CBP) website.

www.cdc.gov

United States Department of Health and Human Services Centers for Disease Control and Prevention website. Provides information on immunizations and vaccinations and tips for staying healthy when traveling abroad.

www.iec.ch/worldplugs

Information on international electric current and plug types.

<https://www.france.fr/en>

The French Government Tourist Board Website.

www.nytimes.com/section/travel

The New York Times's Travel Section features an array of basic travel-related information, multimedia presentations and links to newspaper articles from recent years.

www.oanda.com/currency/converter

Online currency converter tool and information on currency exchange rates.

www.state.gov/r/pa/ei/bgn

Basic background information for France from U.S. Department of State.

www.timeanddate.com

Information on time zones and time conversions.



www.travel.state.gov

United States Department of State website; details on how to obtain or renew a passport.

www.tsa.gov

Transportation Security Administration website. Provides information on air travel security, including permitted/prohibited items for carry-on luggage.

www.weather.com

Current weather and extended forecasts around the world.