



TRAVEL PROGRAM MEDIA GUIDE

Trade Routes of Coastal Iberia

We hope you find the following list of resources—books, maps, video recordings, audio recordings and websites—relating to your travel program helpful. The book titles listed should be available at local public or university libraries; most of them may be purchased and/or downloaded for e-readers through local and online bookstores.

◆ **GUIDEBOOKS AND MAPS**

Barcelona Map. National Geographic. 2013.

This useful, durable travel guide plus map combination features a regional map, metro map, airport diagram, inset map of Ciutat Vella (Old City) and neighborhood descriptions and highlights.

DK Eyewitness Travel Guide: Barcelona & Catalonia. Eyewitness Guides. 2016.

A visually oriented overview with pithy descriptions of Barcelona's most famous sites, this user-friendly guidebook is an inspiring introduction to Catalonia.

DK Eyewitness Travel Guide: Lisbon. Eyewitness Guides. 2019.

Freshly updated, this compact illustrated guide to the city features neighborhood maps and hundreds of color photographs. It also includes chapters on the surrounding areas and Lisbon.

DK Eyewitness Travel Guide: Seville and Andalusia. Eyewitness Guides. 2018.

This well-organized and visually rich guide includes custom maps and features on the culture, history and geography of the region, along with a practical block-by-block guide to Seville.

Lonely Planet: Andalucía. Lonely Planet. 2019.

With a lively writing style and authoritative recommendations and curated listings, *Lonely Planet Andalucía* provides accessible, relevant and up-to-date advice, including detailed coverage of Granada, Seville, Gibraltar and Málaga.

Ocean Explorer Maps. *Mediterranean Explorer*. 2006.

A full-color map of the Mediterranean from Gibraltar to the Black Sea, featuring historical information on ancient sites and historic ports with color photographs, a timeline, short biographies and other information of interest. Designed and published by intrepid expedition leader and editor Nigel Sitwell. Graham Speake, editor of the *Penguin Dictionary of Ancient History*, provides the historical information.

The Rough Guide to Spain. Rough Guides. 2018.

Known for their in-depth cultural features, up-to-date practical information and comprehensive coverage of the main sites and off-the-beaten-path destinations, *Rough Guides* provides excellent trip-planning tools and on-the-ground resources.



◆ HISTORY AND CULTURE

Crow, John A. *Spain: The Root and the Flower*. University of California. 2005.

An absorbing, well-written and comprehensive account of Spanish cultural history from prehistory to the Romans, Jews, Moors and Golden Age, on to Franco and his legacy in modern Spain. Originally published in 1963 and updated in 1985, the book reflects the author's personally gleaned wisdom, lore and deep insights into the Spanish people and their psychology—as shaped by geography and history.

Keown, Dominic (ed.). *A Companion to Catalan Culture*. Tamesis Books. 2011.

A lively and informative guide to the ever-evolving Catalan culture, this text offers a comprehensive study of the identity and creative accomplishments of Catalonia, which have consistently challenged and defied the centralist vision of a unified Spain.

Lochery, Neill. *Lisbon: War in the Shadows of the City of Light, 1939-1945*. Public Affairs. 2011.

This text examines Lisbon's role during World War II as the only European city in which both the Axis and Allies operated openly. A renowned journalist, Lochery shows how, as the capital of a neutral nation with a coastline, Lisbon became a way station for exiled royalty, refugees, spies, secret police, bankers, prominent members of the European Jewish community, writers, artists, escaped POWs and black marketeers, all seeking passage to the Western Hemisphere.

Menocal, María Rosa. *The Ornament of the World: How Muslims, Jews, and Christians Created a Culture of Tolerance in Medieval Spain*. Back Bay Books. 2003. In a series of historical vignettes highlighting the cultural achievements and religious tolerance of the Andalusian kingdom, Yale professor Menocal presents a portrait of a golden era in Spain during Europe's Dark Ages, from the eighth century to 1492. Menocal argues that because of this period of relative stability and peaceful coexistence between the three faiths, the arts and sciences flourished, prefiguring the Renaissance.

Morris, Jan. *Spain*. Faber & Faber. 2008.

Originally published in 1964, this is one of the most renowned portraits of Spain, its culture, history and people. Morris's elegant prose and observational acuity chronicles with passion and reason a nation at a major turning point following the death of General Franco in 1975.

Nash, Elizabeth. *Seville, Córdoba, and Granada: A Cultural History*. Oxford University Press. 2005.

In this thoughtful and inspiring examination of the cultural vibrancy of Spain's most emblematic cities, Nash traces the profound legacy of Al-Andalus in the palaces, mosques, patios and fountains of Seville, Córdoba and Granada—cities beloved by travelers, immortalized by artists and celebrated in the popular consciousness for their beauty, flair and cultural fusion.

Reilly, Bernard. *The Medieval Spains*. Cambridge University Press. 2012.

A short, scholarly history of Iberia from the late Roman period to the 15th century covering the politics, community and intellectual climate of medieval Spain. Includes four maps and a helpful bibliography.

Williams, Mark R. *The Story of Spain: The Dramatic History of Europe's Most Fascinating Country*.

Golden Era Books. 2009. This volume covers the most preeminent figures from Spain's rich history, from ancient Iberia to the 20th-century regime of Franco.



◆ ART AND ARCHITECTURE

Irwin, Robert. *The Alhambra*. Harvard University Press. 2011.

In this brief, indispensable volume in the Harvard University Press series *Wonders of the World*, British novelist and Islamic scholar Robert Irwin introduces the stunning Moorish palace and fortress complex, revealing its mysteries, myths and influence on art and architecture with wit and insight. Included is a detailed floor plan along with sketches and aerial photographs.

Listri, Massimo. *Casa Mediterranea*. Thames & Hudson. 2009.

Traditional tile-roofed villas, historic gardens, contemporary masterpieces and opulent residences of all sorts are showcased in this visual tour of style around the Mediterranean Sea from France, Italy and Spain to Greece and Turkey, Morocco and Egypt.

Thiebaut, Philippe. *Gaudí: Visionary Architect*. Harry N. Abrams. 2002.

A pocket-size encyclopedia, this slim book is an illustrated overview of the life, times and works of Antoni Gaudí, the architect whose wild, whimsical buildings are synonymous with Barcelona today. An illuminating introduction for the traveler, it features hundreds of photographs and illustrations in color and in black and white.

◆ LITERATURE AND TRAVEL MEMOIRS

Buck, Paul. *Lisbon: A Cultural and Literary Companion*. Interlink Publishing Group Inc. 2001.

Part of the excellent *Cities of the Imagination* series, this companion guide provides rich literary and cultural context and functions both as a walking guide and historical reference.

Michener, James A. *Iberia*. The Dial Press. 2015.

The late Pulitzer Prize-winning author departs from his trademark fiction genre and presents a compulsively readable, detailed and well-observed celebration of his affair with Spain and all things Spanish. One of Michener's bestselling works and hailed as one of the best books ever written on Spain, this enduring classic examines the nation's history, cultural identity and idiosyncrasies.

Saramago, José. *The History of the Siege of Lisbon*. Harvill Press. 2000.

In this historical novel by the Nobel Prize-winning author, the past is rewritten when a Portuguese proofreader adds a false word to a history book, resulting in a whole new perception of the Siege of Lisbon. While it is a challenging read, weaving the present with an imagined past, Saramago's rich and resonating prose underscores the novelist's ever-prescient theme of history as a subjective rendering of facts that is in itself a form of fiction.

Theroux, Paul. *The Pillars of Hercules: A Grand Tour of the Mediterranean*. Ballantine Books. 1996.

Known for his wry wit and sharp observations, Theroux sets off from Gibraltar by foot, horseback, train and boat along the coast of Spain to the French Riviera, Sardinia, Sicily and beyond. This masterful, picaresque narrative combines anecdote, history and observation into a revealing portrait of place.

de Vega, Lope. *Three Major Plays*. Oxford University Press. 2008.

Skillfully translated by Gwynne Edwards, three of Lope de Vega's most famous Golden Age plays (*Fuente Ovejuna*, *The Knight from Olmedo* and *Punishment without Revenge*) are collected here with expert introductions. Born in 1592, de Vega is considered one of the greatest of all Spanish playwrights, and these dramatic plays contextualize a vital cultural era in Spain.



◆ FOOD

Goulding, Matt. *Grape, Olive, Pig: Deep Travels Through Spain's Food Culture*. Harper Wave. 2016. Goulding rose to prominence for *Rice, Noodle, Fish*, his 2015 account of Japanese cuisine that combined travel journalism and cultural criticism with food. *Grape, Olive, Pig* follows this tradition, this time in his adoptive home of Spain, with an intimate portrait of a country where food and life are forever woven together.

Richardson, Paul. *A Late Dinner: Discovering the Food of Spain*. Scribner. 2009.

The British food journalist Paul Richardson journeyed into Spain in search of the people and landscapes that shaped the eating habits of a nation. From interviews with top metropolitan chefs to sampling of homemade cooking in the country's interior, Richardson brings Spain's culinary culture to life.

Winston, Steve. *The Spanish Table: Traditional Recipes and Wine Pairings from Spain and Portugal*.

Gibbs Smith. 2009. Full of traditional recipes and wine pairings as well as helpful tips for using paella pans, *cazuelas*, *cataplanas*, *ollas* and other cookware unique to the region, this illustrated guide to the food and wine of Iberia is written by the proprietor of The Spanish Table cookware stores.

◆ DOCUMENTARIES AND FILMS

Listed below are films, documentaries and travel programs featuring coastal Iberia. All should be available on DVD and/or Blu-ray at your local library and/or bookstores, or may be ordered online.

All About My Mother. 1999. Directed by Pedro Almodóvar.

While most of Almodóvar's films are synonymous with Madrid's countercultural *La Movida*, the Oscar-winning *All About My Mother*, titled *Todo sobre mi madre* in Spanish, primarily takes place in Barcelona. Many of the city's architectural masterpieces form the backdrop to the celebrated auteur's existentialist musings on love, loss and identity.

April Captains (Capitães de Abril). 2000. Directed by Maria de Medeiros.

This Portuguese film follows two siblings—a schoolteacher and a government minister—during the Carnation Revolution, the 24-hour-long coup of 1974 that overthrew the country's dictator. While some artistic liberties are taken, the film is faithful to key historical figures and the events of the revolution.

Biutiful. 2010. Directed by Alejandro González Iñárritu.

Set in Barcelona, *Biutiful* is an Academy Award-winning film in director González Iñárritu's native Spanish language. Javier Bardem portrays a low-level criminal who wrestles with guilt, fatherhood, crime, spirituality and death after finding out he only has a few months to live.

History's Ultimate Nomads: Spain. 2010. Directed by Shaul Kesslassi.

Although Christians and Muslims have been the majority religions in Iberia throughout history, Sephardic Jews have made great contributions to the cultural and material wealth of the peninsula. This documentary spans 500 years of history.



Rick Steves' Europe Online Television Episodes.

Join ubiquitous television personality Rick Steves on a journey throughout coastal Iberia. In this list of online episodes, Steves travels to many towns, villages and cities we will visit during our travel program, including the following episodes:

- *Lisbon and the Algarve*
- *Andalucía, Gibraltar and Tangier*
- *Barcelona and Catalunya*
- *Granada, Córdoba, and Spain's Costa del Sol*
- *Sevilla*

These episodes can be accessed from:

www.ricksteves.com/watch-read-listen/video/tv-show

◆ MUSIC AND AUDIO RECORDINGS

Anthology of Portuguese Music, Vol. 1: Tras-Os-Montes and Vol. 2: Algarve. Smithsonian Folkways Recordings. 1962. This special selection of traditional Portuguese music has been vetted by a local musicologist for authenticity. The second volume features music from the Algarve region, where Andalusian and Moorish influences extend not only to architecture and visual art, but also to song, blending into a uniquely southern Portuguese style.

de Lucía, Paco. *Entre dos aguas.* Phonogram. 1975.

Hailed as one of the world's all-time greatest flamenco guitarists, de Lucía displays his unmatched skill on this quintessential flamenco album.

A Musical Journey—Seville and Granada. Naxos of America. 2004.

Spanish composers are represented here by Enrique Granados and Isaac Albéniz, both pianists whose successful careers extended into the 20th century.

www.worldmusic.net

The Rough Guide and the *World Music Network* publish a variety of Iberian music as well as thoroughly researched guides to international music generally.

◆ WEBSITES

www.airpano.com

Virtual tours and 360-degree photos of destinations all over the world.

www.cbp.gov/travel

U.S. Customs and Border Protection (CBP) website.

www.cdc.gov

United States Department of Health and Human Services Centers for Disease Control and Prevention website. Provides information on immunizations and vaccinations and tips for staying healthy when traveling abroad.

www.theguardian.com/travel/spain

The Guardian newspaper's excellent Spain travel section features editorials, in-depth city guides, travel tips, news stories, themed features, itineraries and curated "best of" experiences.



www.iec.ch/worldplugs

Information on international electric current and plug types.

www.nytimes.com/travel

The New York Times's Travel Section features an array of basic travel-related information, multimedia presentations and links to newspaper articles from recent years.

www.oanda.com/currency/converter

Online currency converter tool and information on currency exchange rates.

www.spain.info/en_US/

Spain's official tourism website provides extensive information on all aspects of travel to the Iberian nation, including detailed city guides, site information and planning tools.

www.state.gov/r/pa/ei/bgn

Basic background information for Spain and Portugal from U.S. Department of State.

www.timeanddate.com

Information on time zones and time conversions.

www.travel.state.gov

United States Department of State website; includes details on how to obtain or renew a passport.

www.tsa.gov

Transportation Security Administration website. Provides information on air travel security, including permitted/prohibited items for carry-on luggage.

<https://www.visitportugal.com/en>

Portugal's official tourism website offers a wealth of information on destinations, activities, safety and more.

www.weather.com

Current weather and extended forecasts around the world.