



National Trust *for* Historic Preservation

**National Trust Tours**

# **ATHENS TO ROME**

**CRUISING THE MEDITERRANEAN  
BY LUXURY YACHT  
ABOARD THE 50-CABIN  
*EMERALD SAKARA***

**SEPTEMBER 26 – OCTOBER 5, 2024**





Amphitheater of Taormina

## DEAR NATIONAL TRUST TRAVELER,

I invite you to join us aboard the luxury 50-cabin yacht, *Emerald Sakara*, for a **seven-night Mediterranean cruise**. This unique educational program highlights archaeological sites that are remnants of the grand civilizations of ancient Greece and Rome.

Begin the program in **Athens**, with a special visit to the private Goulandris Museum of Cycladic Art, then embark the spectacular, new *Emerald Sakara* at the Port of Piraeus. Launched in 2023, this beautiful, modern vessel is designed to allow **access to smaller ports not accessible to larger cruise ships**. Cruise through the **Corinth Canal** to see where the Oracle spoke to Greek citizens at **Delphi**. If you wish, go for a run on the original track at **Olympia**. Call at 2,700-year-old **Siracusa**, rich with Greek and Roman history, and stay for a late departure that allows an evening stroll or sightseeing excursion. Marvel at the 3rd c. BC Greco-Roman amphitheater at **Taormina** and the stunning Greek Temple of Neptune at **Paestum** before visiting fascinating Pompeii for a glimpse into what Roman life was like before Mt. Vesuvius erupted. There will also be opportunities to participate in optional **pre- and post-trip extensions in Athens and Rome**.

You will be joined by **expert study leaders** throughout this program: Tom Moriarity, expert on architecture and historic preservation; Laetitia La Follette, archaeologist and Immediate Past President of the AIA; Eric Frank, expert in Greek, Roman, and Italian Renaissance art; and Gordon Teskey will offer a **series of illustrated lectures and informal discussions** along the way. With only 50 cabins available, we encourage you to reserve your space by calling our office at (888) 484-8785 today!

With kind regards,

Meg Annacone-Poretz  
Director, National Trust Tours



Pompeii and Mount Vesuvius



Ortygia



Sorrento, Amalfi Coast

## STUDY LEADERS



**Laetitia La Follette** is Professor of Greek and Roman Art and Architecture, founding chair of the Department of the History of Art and Architecture at the University of Massachusetts Amherst, and Immediate Past President of the Archaeological

Institute of America. She earned her B.A. in Classics at Harvard-Radcliffe and her Ph.D. in Classical Archaeology at Princeton. Laetitia has published in the field of ancient art and archaeology as well as cultural heritage policy. She has excavated in Greece and Israel, and her research interests include Greek and Roman architecture, Roman religion, Roman sculpture, and Roman women. Recipient of the College Outstanding Teacher Award, College of Humanities and Fine Arts, UMass Amherst, she is currently finishing a book on the portraits of an ancient Roman noble family that were discovered in (and smuggled out of) Rome in the 1880s. Laetitia looks forward to accompanying this program, during which we will explore some of her favorite places in the world.



**Eric Frank** earned his B.A. in Art History at Dartmouth College and his Ph.D. in Art History at New York University's Institute of Fine Arts. He is a Fellow of the American Academy in Rome and an expert in Italian Renaissance art with a special interest in the history

of the classical tradition from Greece to the Italian Renaissance. A noted scholar, Eric was Professor of Art History at Occidental College in Los Angeles for 35 years, retiring in 2021. During that time, he served as Chair of the Department of Art and Art History, Chair of the National Test Development Committee for the AP Art History Curriculum, and Chair of the Renaissance Society of Southern California. He was Dean of the College and Vice President for Academic Affairs from 2005-2010. In August 2016, he was awarded The Linda and Tod White Teaching Prize, which recognizes faculty who are exceptional teachers and mentors. His current scholarship focuses on Giotto's paintings in the Arena Chapel in Padua.

**Gordon Teskey**, Francis Lee Higginson Professor of English, will be joining as the Harvard-affiliated study leader.

## HIGHLIGHTS

- ▶ **CRUISE** the Mediterranean for seven nights aboard the new, elegant 50-cabin luxury yacht *Emerald Sakara*, small enough to dock city-center with other yachts.
- ▶ **MARVEL** at major historical sites of ancient Greece in Athens, Delphi, and Olympia.
- ▶ **DELVE** into ancient Greek and Roman history on the Italian Mediterranean island of Sicily.
- ▶ **EXPLORE** the spectacular UNESCO World Heritage Sites of Greek Paestum and Roman Pompeii as you sail north toward Rome.



The ancient Plaka below the Acropolis in Athens

## ITINERARY

THURSDAY–FRIDAY, SEPTEMBER 26–27

### HOME / ATHENS, GREECE

Depart the U.S. on an overnight flight to Athens, Greece. Arrive Friday, September 27, and transfer to the centrally located Athens Capital Hotel—MGallery Collection located at Syntagma square for an orientation, welcome reception, and dinner. ATHENS CAPITAL HOTEL—MGALLERY COLLECTION (R,D)

SATURDAY, SEPTEMBER 28

### ATHENS / EMBARKATION

Visit the private Goulandris Museum of Cycladic Art in Athens, a collection specializing in prehistoric art from the Cyclades islands of the Aegean Sea. Drive to the Port of Piraeus, the largest port in Greece, and board the luxurious *Emerald Sakara*. This evening attend the Captain's welcome reception and dine aboard the ship. EMERALD SAKARA (B,L,D)

SUNDAY, SEPTEMBER 29

### CORINTH CANAL / DELPHI

Cruise through the dramatic Corinth Canal, whose steep limestone walls soar nearly 300 feet overhead, before docking at Itea to climb to the spectacular ruins of Delphi. Located on the slopes of Mt. Parnassus, Delphi was the influential oracular sanctuary to Apollo, considered by the ancient Greeks to be the center of the world and where the Oracle's pronouncements were sought for centuries. Its stunning setting and architecture evoke the same reverence today as they did thousands of years ago. EMERALD SAKARA (B,L,D)

MONDAY, SEPTEMBER 30

### KATAKOLON / OLYMPIA

Today visit Olympia, the iconic site of the ancient

Olympic Games. During the Games, the Greek city-states were bound by a truce that forbade hostilities and focused attention strictly on athletic competition. Here visit the temples, stadium, sanctuary, and stoa and view the museum's impressive statues and artifacts. In addition, participants will have the opportunity to race on the original Olympic track. EMERALD SAKARA (B,L,D)

TUESDAY, OCTOBER 1

### SIRACUSA, ITALY

Founded around 734 B.C. by Greek Corinthians, Siracusa was conquered and ruled by Romans, Saracens, Byzantines, Normans, and Ottomans, who each left a legacy of archaeological treasures that have earned the city UNESCO World Heritage status. Tour the expansive archaeological park, home to the stunning Greek theater and Roman amphitheater that combine to make this one of the greatest archaeological sites in all of Italy. Continue to the adjacent fortified island of Ortygia with highlights including a lively morning market, Cathedral Square, Santa Lucia Church with its famed Caravaggio, *The Burial of Saint Lucy*, and a Jewish *mikveh* (bath). Later, in a nearby private palazzo dating back to the Middle Ages, enjoy a reception hosted by a nobleman and view a collection of etchings of ancient Siracusa and Sicily. This evening, opt to join an after-dark architectural walk or explore independently before returning to the ship. EMERALD SAKARA (B,L,D)

WEDNESDAY, OCTOBER 2

### GIARDINI NAXOS / TAORMINA

Today choose between three excursion options: 1) An early departure for the slopes of Mt. Etna to see the Silvestri Crater and an opportunity to ride the cable car to the summit; 2) A visit to the 3rd

Port of Piraeus



Ancient Stadium Entrance, Olympia





Corinth Canal



Harbor of Civitavecchia

century B.C. Greco-Roman amphitheater of Taormina followed by free time in town; 3) A journey through the Sicilian countryside for a hike in Alcantara Gorge, an impressive canyon formed by the Alcantara River and lava flows from Mt. Etna. *EMERALD SAKARA (B,L,D)*

**THURSDAY, OCTOBER 3**

### **SALERNO / AMALFI COAST**

Dock this morning in Salerno for a short drive to the UNESCO World Heritage Site of Paestum, an ancient Greek city famous for its three excellently preserved Greek temples, dating from 550 to 450 BC. Admire the magnificent Temple of Neptune—the most complete of the three—which is said to be modeled after the Temple of Zeus in Olympia. This afternoon cruise along the picturesque Amalfi Coast to Sorrento, a small coastal city famous for its sea cliffs. *EMERALD SAKARA (B,L,D)*

**FRIDAY, OCTOBER 4**

### **SORRENTO / POMPEII**

Sorrento, with its spectacular views over the Bay of Naples, is the base for today's excursion to the UNESCO World Heritage Site, Roman Pompeii. This ancient city was buried by the eruption of Mt. Vesuvius in 79 AD and its well-preserved ruins continue to provide a unique glimpse into ancient Roman daily life. Explore the fascinating ruins of Pompeii and discover an ancient city frozen in time. *EMERALD SAKARA (B,L,D)*

**SATURDAY, OCTOBER 5**

### **CIVITAVECCHIA / HOME**

Disembark this morning and transfer to the airport for flights home or begin the optional post-tour extension in Rome. (B)

Roman Amphitheater, Siracusa



## **PRE-TOUR EXTENSION**

SEPTEMBER 23–27, 2024

### **NAFLIO, CORINTH, MYCENAE & EPIDAUROS**

This three-night pre-trip extension features visits to the fascinating archaeological sites of Corinth, Mycenae, and Epidaurus. Begin in Athens and continue to Corinth to view the remains of this strategically important city that connects the Peloponnese to the mainland. Arrive at the seaside town of Nafplio with ample time to explore the Old Town and to stroll along its seaside paths. Venture to the UNESCO World Heritage Site of Mycenae, the legendary home of King Agamemnon, and marvel at its Cyclopean walls, Lion Gate, and royal tombs. At Epidaurus, visit the renowned Ancient Theatre built around 340 BCE and the healing Sanctuary dedicated to Asclepius, the ancient Greek god of medicine. Return to Athens and take a guided tour of the National Archaeological Museum, home to one of the largest and most important collections of ancient Greek art. *ATHENS CAPITAL HOTEL—MGALLERY COLLECTION; GRAND BRETAGNE NAFLIO (3B,2L,D)*

## **POST-TOUR EXTENSION**

OCTOBER 5–7, 2024

### **ROME**

Upon conclusion of the main tour, experience two nights of deluxe accommodation in the heart of Rome. Take a guided tour of the striking Borghese Gallery, one of the most fascinating museums in Italy. Housed in a splendid 17th-century villa, this museum contains bas reliefs and mosaics of outstanding quality, preserving works of beauty without equal. Here admire paintings by Titian and Caravaggio and sculptures by Canova and Bernini, before enjoying an afternoon at leisure to explore the city independently. Visit the Domitian Stadium ruins, a UNESCO World Heritage Site, which holds all that remains of the only masonry athletics stadium known in Roman history. Delve into the underground archaeological complex of the Basilica Clemente, one of the best locations to observe the history of Rome through the ages. *HOTEL ROSE GARDEN PALACE (2B,L,D)*

***Further details and pricing will be sent to confirmed participants.***



## GENERAL INFORMATION

### PROGRAM RATES INCLUDE

All accommodations, meals, and excursions as specified in the itinerary including **one hotel night and seven nights aboard *Emerald Sakara*** • Full program of briefings, lectures and presentations • Transfers for all participants on group arrival and departure dates • Baggage handling • **• Gratuities to porters, waitstaff, guides and drivers** • **• Gratuities to shipboard personnel** • Port charges • Entrance fees • Welcome and farewell wine receptions • **House wine, beer, and soft drinks with group lunches and dinners and on board *Emerald Sakara*** • Filtered water on motorcoaches • Criterion Tour Manager

## EMERALD SAKARA

Cruise on the elegant Luxury Yacht *Emerald Sakara*, launched in 2023. A full 360 feet in length but with only 50 cabins, she has ample space and a relaxed atmosphere on board. The staterooms and suites are uniquely designed and offer views of spectacular scenery. Forty-four of the fifty cabins have step-on balconies or terraces. Dining onboard includes menus with fresh locally sourced ingredients. With its panoramic observation lounge, navigation bridge, marina platform, multiple pools, and wellness area—along with several fine dining, bar, lounge, and cafe areas and even a gym, spa, sauna, and boutique—this state-of-the-art vessel offers grandeur and opulence. Perhaps best of all, *Sakara* can tie up next to the promenades with other superyachts, rather than being banished to the commercial cruise piers where larger ships must dock.

### PROGRAM RATES (PER PERSON)

		DOUBLE	SINGLE
<b>D</b>	CATEGORY D, OCEANVIEW STATEROOM Twins or queen bed; 183–205 sq. ft.	\$7,990	\$12,790
<b>B</b>	CATEGORY B, BALCONY SUITE Twins or queen bed; 260 sq. ft. + 45 sq. ft. private balcony	\$9,990	\$15,990
<b>A</b>	CATEGORY A, BALCONY SUITE Twins or queen bed; 260 sq. ft. + 45 sq. ft. private balcony	\$10,490	—
<b>S</b>	CATEGORY S, DELUXE BALCONY SUITE Twins or queen bed; 305 sq. ft. + 100 sq. ft. private balcony	\$11,990	—
<b>T</b>	CATEGORY T, TERRACE SUITE Twins or queen bed; 260 sq. ft. + 410 sq. ft. private terrace	\$13,990	—
<b>Y</b>	CATEGORY Y, YACHT SUITE Twins or queen bed; 345 sq. ft. + 375 sq. ft. private terrace	\$14,490	—
<b>SA</b>	CATEGORY SA, OWNER'S SUITE Twins or queen bed; 580 sq. ft. + 600 sq. ft. private terrace	\$19,990	—

### AIR ARRANGEMENTS

U.S. domestic and international airfare is not included in the program rates. Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at 877-376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice. Further information about making flight arrangements will be sent to confirmed participants.

### WHAT TO EXPECT

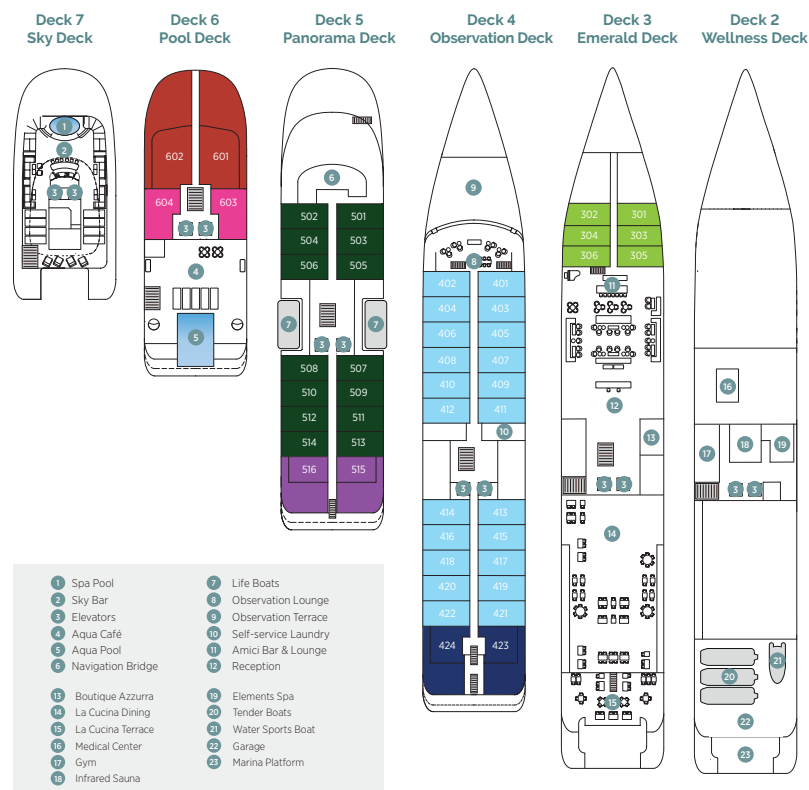
The pace of this tour is moderately active with considerable walking each day, often over very uneven and cobblestoned terrain, and extended periods of standing. The ship has two elevators. Participants must be in good health and able to keep up with the group without assistance from tour staff. All participants will be required to follow safety/sanitization protocols set forth by National Trust Tours or Criterion Travel, our tour operator; local staff; and host country laws. If the tour manager decides that a participant cannot visit a site safely or in a timely manner, their judgment will be final. Where possible, an alternate activity may be suggested; additional costs may apply.

### GROUP SIZE

This program is limited to 90 participants, including travelers from the Archaeological Institute of America, Harvard Alumni Travels, National Trust Tours, and Santa Barbara Museum of Art.

### PROGRAM RATES DO NOT INCLUDE

U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Airport



transfers outside of group arrival and departure dates

- Travel and trip cancellation insurance
- Excursions that deviate from the scheduled tour options
- Excess baggage fees
- Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted
- Laundry or dry cleaning
- Telephone, fax, Internet and email charges
- Room service
- Other items of a personal nature.

**TRAVEL INSURANCE**  
National Trust Tours strongly recommends the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to covered illness or accident. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. USI Travel Insurance Services offers a plan designed specifically for National Trust Tours travelers, providing coverage for Trip Cancellation, Trip Interruption, Emergency Medical, and more. Plus, you can upgrade your plan with Cancel For Any Reason (CFAR) coverage for the utmost flexibility. CFAR allows you to cancel your trip for ANY reason at all and be reimbursed up to 75% of your pre-paid, non-refundable trip costs (conditions apply, see plan for details). To purchase travel insurance today, call: (800) 937-1387. For additional information, please contact National Trust Tours at (888) 484-8785. Complete Terms and Conditions including a Statement of Responsibility will be made available at time of registration, or in advance upon request. A signed "Terms & Conditions, Release from Liability, Assumption of Risk and Binding Arbitration Clause" is required from each applicant prior to participation on the tour.

**RESERVATIONS & PAYMENTS**  
A deposit of \$1,000 per person is required to reserve space on this program. If you have questions, or to register using a credit card (preferred method), please call (888) 484-8785 or email info@nationaltrusttours.com. Final payment deadline is **May 29, 2024**. For those who register on or after **May 29, 2024**, full payment is due upon registration. Final payment must be made by check or bank transfer.

**CANCELLATIONS & REFUNDS**  
Upon payment of the \$1,000 per person deposit, all reservations are subject to the cancellation provisions set forth below and by which the passenger agrees to be bound. Cancellations shall not be in

effect until they are received in writing and confirmed by the National Trust for Historic Preservation. Deposits are refundable (less a \$250 per person administration fee) if written notice of cancellation is received within 30 days of reservation; after that, deposits are 100% nonrefundable. After final payment deadline on **May 29, 2024**, all payments are 100% nonrefundable, regardless of booking date. Trip cancellation insurance is strongly recommended. NOTE: Neither the National Trust for Historic Preservation nor Criterion Travel, the tour operator, accepts liability for any airline cancellation penalties incurred with the purchase of non-refundable tickets.

**ITINERARY CHANGES**  
The itinerary presented for this tour is subject to modification and change by the National Trust for Historic Preservation and Criterion Travel. Every reasonable effort will be made to operate the program as planned; however, should unforeseen world events and conditions require the itinerary to be altered, the National Trust for Historic Preservation and the tour operator reserve the right to do so for the safety and best interest of the group. Any extra expenses incurred in this situation are the responsibility of the participant.

**ELIGIBILITY**  
National Trust for Historic Preservation tours are open to members only. Membership dues for 2023/2024 are \$30 for family and \$20 for individual membership. The minimum age limit for the program is 14. Children must pay the full price, and those under 18 must be accompanied by a parent or guardian. There is no maximum age limit. PLEASE NOTE: Participants must be in excellent health and able to participate in tour activities. Any physical condition that may require special medical attention must be reported at the time of your reservation. If you have any doubt about your ability to participate fully due to health conditions or disabilities, contact the National Trust at (888) 484-8785 or (202) 588-6300. The National Trust for Historic Preservation and Criterion Travel reserve the right to decline to accept or retain any person as a member of this tour at any time. In such case, the refund will be limited to the recoverable cost of unused tour services.

California Seller of Travel Program CST #2088800-40



**ATHENS TO ROME**  
CRUISING THE MEDITERRANEAN  
BY LUXURY YACHT *EMERALD SAKARA*  
**SEPTEMBER 26-OCTOBER 5, 2024**

**RESERVATION FORM**

For more information or to register by phone (preferred method of registration), please call **National Trust Tours at (888) 484-8785**.

Or, return this form with your deposit of \$1,000 per person, **payable to Criterion Travel**. Mail to: Criterion Travel, 4250 SW Hall Blvd., Beaverton, OR 97005.

**CONTACT INFORMATION** (please print)

NAME #1 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

NAME #2 \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY / STATE / POSTAL CODE \_\_\_\_\_

HOME PHONE \_\_\_\_\_ MOBILE PHONE \_\_\_\_\_

EMAIL #1 \_\_\_\_\_

EMAIL #2 \_\_\_\_\_

Are you traveling with any other parties on this program?  
 Yes, \_\_\_\_\_

**PAYMENT INFORMATION**

Enclosed is my check for \$ \_\_\_\_\_ (\$1,000 per person), payable to payable to Criterion Travel, for \_\_\_\_\_ place(s) on *Athens to Rome*.

Please charge my deposit of \$ \_\_\_\_\_ (\$1,000 per person) to my

VISA  MasterCard  American Express

NAME ON CREDIT CARD \_\_\_\_\_

CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

CARDHOLDER SIGNATURE \_\_\_\_\_

**ACCOMMODATIONS** (not guaranteed)

Cabin Category Preference: 1st \_\_\_\_\_ 2nd \_\_\_\_\_

Bed Preference  King / Queen  Twins

**SINGLE TRAVELERS** (choose one)

I prefer to have single accommodations. (limited availability)

I plan to share accommodations with: \_\_\_\_\_

I'd like to know about roommates.  
I am a  non-smoker  smoker

I understand that if a roommate cannot be found by the final payment deadline of May 29, 2024 I will pay the single rate.

I/We have read the tour information section of the brochure and agree to the Terms and Conditions stated therein.

SIGNATURE #1 \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE #2 \_\_\_\_\_ DATE \_\_\_\_\_

# A THENS TO ROME

CRUISING THE MEDITERRANEAN  
BY 50-CABIN YACHT *EMERALD SAKARA*

**SEPTEMBER 26 – OCTOBER 5, 2024**

FEATURING TOM MORIARITY



National Trust for Historic Preservation  
**National Trust Tours**

1155 15th Street, NW, Suite 300 Washington, DC 20005

[www.nationaltrusttours.com](http://www.nationaltrusttours.com)  
(888) 484-8785 or (202) 588-6300  
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