

# **JAPAN BY SEA** Land of the Rising Sun Aboard the *Heritage Adventurer*

## May 12–23, 2026 (12 days)

Discover a Japan that few visitors see, venturing from the bustle of Tokyo to the tranquil historic and artistic quarters of Kanazawa and the island worlds of Miyajima and Sado. Excursions highlight Japan's ancient traditions with visits to sacred temples and shrines, as well as celebrated gardens and castles, while also showcasing Japan's modern achievements, artistic wonders and culinary riches.

After two successful Japan charters in 2024, Criterion has once again secured an 8-night cruise aboard the *Heritage Adventurer*. Originally designed to accommodate 184 guests, *Heritage Adventurer* now welcomes just 140 passengers, ensuring a spacious, stylish, and comfortable voyage. Another important advantage of not filling to capacity is *Heritage Adventurer* is able to offer cabins for singles with a significantly lower supplement. Acquired by Heritage Expeditions in 2021, the ship underwent extensive refurbishment before launching as the *Heritage Adventurer* beginning in August of 2022.

We are offering a 3-night pre-trip extension to Kamakura and Hakone, including a two-night stay at a lovely modern ryokan in the hot springs resort of Hakone; and an optional 3-night post-trip extension to Kyoto and Nara.

## **HIGHLIGHTS**

- Customize your experience according to your interests with a **menu of excursion options** during the **two days in Tokyo** and throughout the cruise.
- Ride Japan's famed **high speed bullet train** from Tokyo to Niigata to embark the ship.
- Try your hand at **taiko drumming** at the remote Sado Island, home of the world-famous Kodo drummers.
- Engage with local people during a traditional **tea ceremony** in Kanazawa or a hands-on workshop making *wagashi* Japanese sweets.
- Admire Japan's rich artistic heritage during a full day visit to **Naoshima**, an island that has become a **mecca for cutting-edge art.**
- Spend a **day in South Korea** featuring a visit to **Gyeongju**, the ancient capital of the Silla kingdom and a UNESCO World Cultural Site.
- Marvel at **Itsukushima Shrine** in Miyajima with its iconic red torii, a grand wooden gateway that appears to float on the sea at high tide.
- Take in the spectacular scenery of **Japan's Inland Sea** from the comfort of one of the many observation decks aboard the *Heritage Adventurer*.
- Savor the flavors of Japan from fresh seafood to local noodles, to an exquisite **kaiseki multi-**course welcome dinner in Tokyo. Enjoy **sake-tasting** at a brewery on Sado Island.
- Walk along the paths of **Kenroku-en Garden**, celebrated as one of Japan's top three gardens combing the six attributes of a perfect garden: spaciousness, seclusion, artifice, antiquity, water sources and magnificent views.

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## **ITINERARY MAP**

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May 12 Tue	Depart U.S.		Overnight flight to Tokyo, Japan (Or arrive early for 3-night pre- trip extension to Kamakura and Hakone)
May 13 Wed	Tokyo, Japan	Hilton Tokyo	Arrive Tokyo (NRT or HND); Individual meet-and-greets at airport and group transfers to hotel.
May 14 Thu	Tokyo	Hilton Tokyo	Morning orientation & lecture, then choice of FD excursion: Meiji Shrine, Ukiyo-e Ota Museum and Aoyama modern architecture; OR Shunkaen Bonsai Gardens and Museum, Sumida River Cruise, and Hamarikyu Garden; welcome dinner with local entertainment. BLD
May 15 Fri	Tokyo/ Niigata	Heritage Adventurer	Choice of morning excursion: visit <b>Tsukiji fish market</b> and <b>Kappabashi culinary district</b> ; OR guided tour of <b>Ginza</b> <b>shopping district</b> , including 12 story Ginza Mitsukoshi department store; <b>bullet train to Niigata</b> ; embark ship. BD
May 16 Sat	Sado Island	Heritage Adventurer	Lecture, <b>interactive lesson</b> , <b>and performance by world- famous Kodo drummers</b> ; explore <b>Shukunegi fishing</b> <b>village</b> ; tour & <b>tasting at Hokusetsu Sake Brewery</b> ; Captain's welcome reception and dinner. BLRD
May 17 Sun	Kanazawa	Heritage Adventurer	Visit <b>Kenroku-en garden</b> , considered one of Japan's top three, then attend traditional <b>tea ceremony</b> OR <i>wagashi</i> <b>Japanese</b> <b>sweet workshop</b> ; afternoon at sea with time for <b>lectures.</b> BLD
May 18 Mon	Matsue	Heritage Adventurer	Choice of morning excursions: visit <b>Adachi Museum of Art</b> with its exceptional garden; OR <b>Matsue Castle</b> with free time in the <b>Samurai Quarter</b> ; afternoon at sea with <b>lectures.</b> BLD
May 19 Tue	Ulsan, South Korea	Heritage Adventurer	<b>Full day in South Korea</b> : Flying Horse Tomb, National Museum, and Bulguksa Temple in Gyeongju, a UNESCO World Heritage Site, with Korean lunch and entertainment. BLD
May 20 Wed	Hiroshima	Heritage Adventurer	Morning at sea with <b>lectures</b> ; afternoon visit to <b>Hiroshima</b> <b>Peace Memorial Park &amp; Museum</b> ; see Atomic Bomb Dome; leave paper cranes at the Children's Peace Monument; free time for independent exploration. BLD
May 21 Thu	Miyajima	Heritage Adventurer	Morning <b>lecture</b> before zodiac transfer to Miyajima to see <b>Itsukushima Shinto Shrine</b> and enjoy free time in town or ride the gondola up Mt. Meisen for spectacular views; <b>afternoon cruising Japan's scenic Inland Sea.</b> BLD
May 22 Fri	Naoshima or Kurashiki/ Okayama	Heritage Adventurer	Choice of FD excursions: 1) <b>Naoshima Island</b> to see Chichu and Benesse Museums & Art House Projects; OR 2) <b>Kurashiki</b> <b>Bikan Historical Quarter ("Japan's Venice")</b> and Okayama Korakuen Garden; Captain's farewell reception & dinner. BLRD
May 23 Sat	Osaka/Return to U.S.		Disembark in Osaka; group transfer to Kansai International Airport (KIX) for flights home OR Optional Extension to Nara and Kyoto. B

## **ITINERARY OUTLINE**

### **JAPAN BY SEA**

### Land of the Rising Sun aboard the Heritage Adventurer

### **GENERAL INFORMATION**

#### **Program Fees:**

Category 1 - Deck 3 Standard Cabin, per person, sharing Category 2 - Deck 4 Superior Cabin, per person, sharing Category 3 - Deck 5 Superior Cabin, per person, sharing	\$10,990
Category 4 - Deck 6 Superior Cabin, per person, sharing Category 5 - Heritage Suite, Deck 6, per person, sharing	\$13,490
Category 1 - Deck 3 Standard Single Cabin Category 2 - Deck 4 Superior Single Cabin Category 3 - Deck 5 Superior Single Cabin	\$13,490

\*A limited number of Triple Cabins are available. Please call for pricing.

Fees and services are based on current exchange rates and are subject to change.

#### **Program Length, Capacity:**

12 days roundtrip from the U.S. Minimum capacity: 80; Maximum capacity: 140 (all sponsors) including staff.

#### **Fees Include:**

All accommodations, meals, and excursions as specified in the itinerary • Tokyo/Niigata bullet train • Comprehensive program of briefings, lectures and presentations • Group transfers for all participants on group arrival and departure dates • Baggage handling • Gratuities to porters, waitstaff, guides and drivers • Gratuities to shipboard personnel • Port charges • Entrance fees • Captain's welcome and farewell wine receptions • House wine, beer, and soft drinks with lunches and dinners aboard the *Heritage Adventurer* • Filtered water for water bottles on motorcoaches • Criterion Tour Managers • Expert Japanese guides on shore and aboard *Heritage Adventurer* 

#### Fees Do Not Include:

U.S. domestic and international airfare • Passport/visa expenses • Medical expenses and immunizations • Private airport transfers or airport transfers outside of group arrival and departure days • Travel and trip cancellation insurance • Excursions that deviate from the scheduled tour options • Airline baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted • Laundry or dry cleaning • Telephone, Internet and email charges • Room service • Other items of a personal nature

## JAPAN BY SEA Pre-Trip Extension to Kamakura and Hakone With a Two-Night Stay at a Luxury Ryokan May 9-13, 2026

After an initial night in Tokyo to get oriented, travel to Hakone's beautiful green mountains close to Mount Fuji for a two-night stay in a contemporary take on a Japanese inn, or ryokan. Enroute to Hakone, visit the historic center of Kamakura, with its Zen temples and giant bronze statue of Buddha. 3B/3L/2D

### **PRE-TRIP EXTENSION ITINERARY OUTLINE**

May 9 Sat	Depart U.S.		Overnight flight to Tokyo, Japan
May 10 Sun	Tokyo, Japan	Hilton Tokyo	Arrive Tokyo (NRT or HND); Individual meet-and- greets at airport and group transfers to hotel
May 11 Mon	Hakone	Hakone Kowakien Ten-Yu	Drive to Kamakura and see Kotokuin Temple with its iconic Daibutsu bronze Buddha; late afternoon arrival to Hakone; opportunity to enjoy ryokan's private and communal hot spring baths and onsen; Kaiseki dinner (a traditional Japanese multi-course dinner showcasing the chef's artistry). BLD
May 12 Tue	Hakone	Hakone Kowakien Ten-Yu	Visit Hakone Open-Air Museum including Picasso Pavilion; Gondola ride to Mt. Komagatake summit for view of Mt. Fuji (weather permitting); Owakudani crater with active sulfur vents, bubbling pools, and hot springs; pleasure cruise on Lake Ashinoko. BLD
May 13 Wed	Tokyo		Return to Tokyo; ascend Tokyo Skytree for panoramic views from observation decks; free time to explore Asakusa district & Senso-ji Temple; late afternoon & evening at leisure; main tour begins. BL

#### **Extension Cost**

Twin, per person, sharing	\$2,550
Single accommodations	

#### **Extension Capacity:**

Maximum: 30; Minimum: 12

## JAPAN BY SEA Post-Trip Extension to Kyoto and Nara May 23-26, 2026

Three-night post-trip extension in Kyoto .... and a visit to the ancient capital of Nara.  $_{\rm 3B/2L/2D}$ 

### **POST-TRIP EXTENSION ITINERARY OUTLINE**

May 23 Sat	Kyoto	Westin Miyako Kyoto	Depart port by coach and explore Osaka Aquarium Kaiyukan, one of the largest aquariums in the world; then on to Nara to visit the Nara National Museum, Todai-ji Temple, and Daibatsu (Great Buddha); continue to Kyoto and check in to hotel; dinner at local restaurant. LD
May 24 Sun	Kyoto	Westin Miyako Kyoto	Visit Tenryu-ji Zen Temple and Arashiyama Bamboo Grove; walk through iconic red/orange torii gates of Fushimi Inari Taisha Shinto shrine; afternoon visit to Miho Museum; evening free. BL
May 25 Mon	Kyoto	Westin Miyako Kyoto	Visit UNESCO World Heritage site Kinkaku-ji (Golden Pavilion), and its gardens; explore vibrant pedestrian-only Nishiki Food Market; lunch and afternoon free; festive farewell dinner at local restaurant in Gion geisha district. BD
May 26 Tue	Return to U.S.		Morning group transfer to Kansai International Airport (KIX) for flights home. B

#### **Extension Cost**

Twin, per person, sharing	\$2.690
Single accommodations	

#### **Extension Capacity:**

Maximum: 30; Minimum: 12