



National Trust *for* Historic Preservation

National Trust Tours

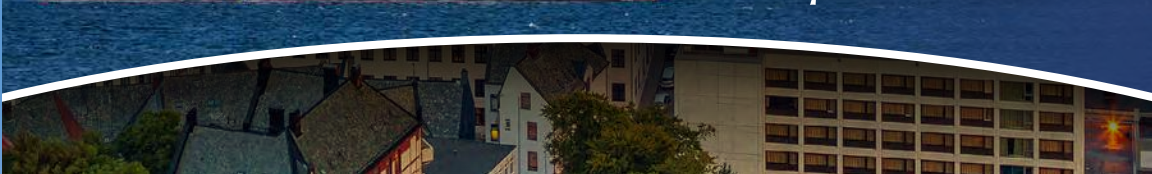
HIGHLANDS, ISLANDS & FJORDS

From the Scottish Highlands and Orkney Islands
to Norwegian Fjords and Lofoten Islands

MAY 30-JUNE 9, 2026



Aboard the
72-cabin
Exploris One





Dear National Trust Traveler,

JOIN IN AN EXPLORATION of the magnificent landscapes, remote islands, ancient settlements, and idyllic villages of Norway and northern Scotland, cruising during the peak of spring, with long days of bright green scenery speckled with blooming flowers and rushing waterfalls in the fjords from snow melting in the mountains. This varied and balanced itinerary, from Inverness to the Orkney Islands, then along the Norwegian Coast above the Arctic Circle, combines the wonders of the natural world with the historical and cultural highlights of the area.

Among the special features, the cruise is bookended with time in some of the region's most remote and inaccessible island groups—Scotland's Orkney Islands and Norway's Lofoten Islands, both showcasing splendid wild landscapes and fascinating remains of ancient settlements as well as rich opportunities for bird and whale watching. Furthermore, this itinerary provides several days inside Norway's iconic fjords, including the awe-inspiring Sognefjord, Norway's longest, as well as the UNESCO-listed Nærøfjord.

Step ashore at peaceful, picturesque fjord-side towns and fishing villages off the beaten track—splendid Art Nouveau Ålesund, set on myriad islands stretching out into the ocean; Bronnoysund from which one can access Torghatten, a granite mountain that is a famed landmark of the Norwegian coast, and tiny villages on the Lofotens—all of which have inspired artists and photographers for over a century.

Delight in cruising for eight nights aboard the elegantly appointed and newly renovated *Exploris One*, designed to navigate demanding waters safely while offering the highest level of service and comfort. Each of its 72 suites and spacious staterooms offers breathtaking ocean views, with select accommodations boasting private balconies. While on board indulge in relaxation at the sauna, steam bath, and outdoor Jacuzzis, or treat yourself to a rejuvenating massage. Enjoy complimentary alcoholic and non-alcoholic beverages and Wi-Fi access throughout the cruise. Onboard dining experiences showcase regional cuisines, rivaling the culinary delights you'll encounter. The ship also boasts spacious deck areas and a Panoramic Salon, with a forward-facing view from where you can watch for passing wildlife and admire the beautiful scenery.

With kind regards,

Meg Annacone-Poretz
Director,
National Trust Tours

The **NATIONAL TRUST FOR HISTORIC PRESERVATION**

is a private, nonprofit membership organization dedicated to saving historic places and revitalizing America's communities. For more information, visit the Trust's website at www.savingplaces.org or phone (800) 944-6847 or (202) 588-6000.

Puffins on the island
of Runde, Norway



Study Leaders

Elizabeth Pierce of the Archaeological Institute of America and **Anthony Bull** of Colorado College will provide a series of engaging presentations and discussions for travelers.



Skara
Brae



Reine,
Lofoten



HIGHLIGHTS

DELIGHT in cruising Norway during **the height of spring** when temperatures are mild and flowers carpet the countryside.

DISCOVER how the Vikings held a strategic foothold in the Orkney Islands for centuries and marvel at **fascinating Stone Age sites**, including the Ring of Brodgar and the 5,000-year-old stone slab village of Skara Brae, both UNESCO World Heritage Sites.

LINGER in the dramatic and beautiful landscapes of the **Sognefjord, Norway's longest and deepest fjord**, including its most dramatic and narrow arm, UNESCO-listed Naeroyfjord.

LOOK for **wildlife along the cliffs of Runde**, one of the largest nesting cliffs in Norway and in the Lofotens, a prime location in June for orcas, porpoises, and the mighty sperm whale.

STEP ashore at peaceful, picturesque fjord-side towns and fishing villages off the beaten track—**splendid Art Nouveau Ålesund**, set on myriad islands stretching out into the ocean; and tiny **villages in the Lofotens**—such as Å and Reine—which have inspired artists and photographers for over a century.

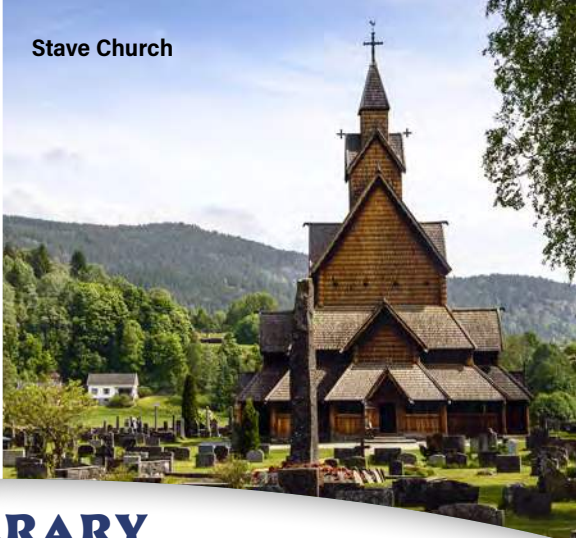
TRAVEL back in time at the **Lofotr Viking Museum**, boasting the largest Viking longhouse ever excavated.



Sognefjord



Stave Church



ITINERARY

Saturday & Sunday, May 30 & 31

DEPART U.S. / INVERNESS, SCOTLAND

Depart home on overnight flights to Inverness. Upon arrival on May 31st, relax before dinner. DORNOCH STATION (D)

Monday, June 1

INVERNESS / EMBARK EXPLORIS ONE

Explore Inverness Old Town and its indoor Victorian market, with lunch on your own during free time in town before boarding *Exploris One* this afternoon. *EXPLORIS ONE* (B,D)

Tuesday, June 2

KIRKWALL, ORKNEY ISLANDS

Disembark in Kirkwall for a morning exploration of the Ring of Brodgar and Skara Brae, part of the UNESCO Heart of Neolithic Orkney, the most important Neolithic sites in western Europe. Return to the ship for lunch and embark on one of two afternoon options: **1.** Take a guided tour of Kirkwall, including the medieval St. Magnus Cathedral, with free time in the vibrant and pretty downtown; or **2.** Visit The Quoy of Houton, listed as one of the top 10 UK coastal gardens, with the owner, a renowned horticulturalist, before returning on the coach by ship. *EXPLORIS ONE* (B,L,D)

Wednesday, June 3

SGNEFJORD FJORD, NORWAY

Enjoy a full day at sea looking for wildlife from one of the ship's spacious decks, indulging in the ship's amenities and listening to lectures from our team of experts. As evening approaches, arrive at the entrance of Sognefjord, Norway's longest and deepest fjord.

EXPLORIS ONE (B,L,D)

Thursday, June 4

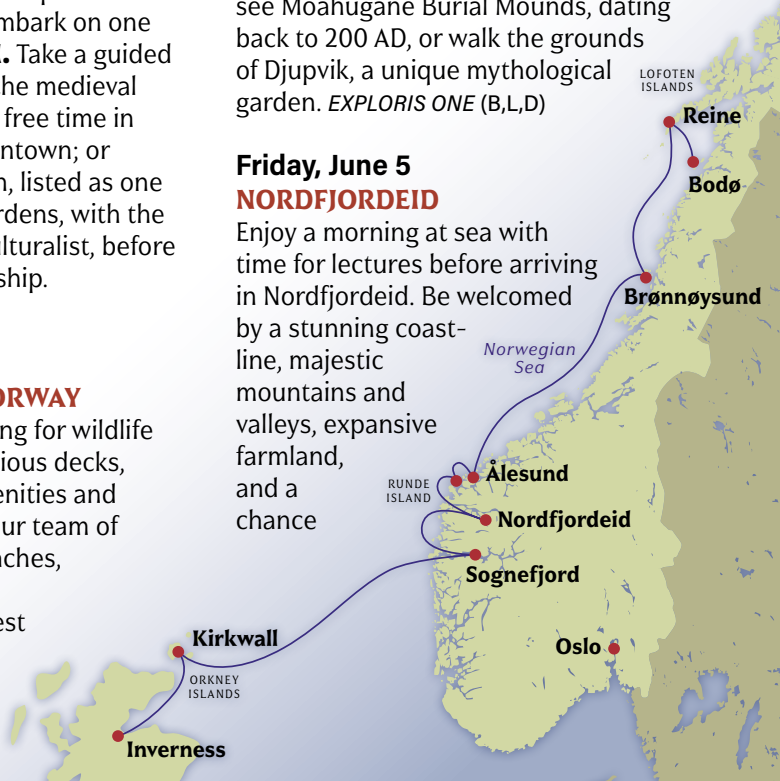
VIK & NAEROYFJORD

Join a private fjord cruise of the UNESCO World Heritage Nærøysfjord, narrowest and best known of the many arms of the Sognefjord. This fjord stands out as Norway's premier natural wonder, boasting steep mountainsides, hanging valleys, majestic peaks, snowfields, cascading waterfalls, and quaint hamlets. Visit one such hamlet, Gudvangen, an historic Viking village, nestled deep within Naerfjord, where there is free time to explore independently. Also discover the riches of Vik, a picturesque village along the banks of the Sognefjord, including the impressive Hopperstad Stave Church, one of Norway's 28 remaining stave churches and the oldest in the country. And don't miss the opportunity to sample the local 'gamalost cheese,' see Moahugane Burial Mounds, dating back to 200 AD, or walk the grounds of Djupvik, a unique mythological garden. *EXPLORIS ONE* (B,L,D)

Friday, June 5

NORDFJORDEID

Enjoy a morning at sea with time for lectures before arriving in Nordfjordeid. Be welcomed by a stunning coast-line, majestic mountains and valleys, expansive farmland, and a chance



to see the mighty Briksdal Glacier, the largest in Europe. Here choose from various excursion options including kayaking with a guided hike to learn about the local ecosystem, driving to see the Briksdal Glacier and walk the Loen Skylift, or visiting with a local family in their private home to learn about the Norwegian way of life and culture followed by a trip to the Norwegian Fjord Horse Center. *EXPLORIS ONE (B,L,D)*

Saturday, June 6

RUNDE & ÅLESUND

Get up early this morning to look for birds on the cliffs at Runde, a nesting site of over 240 species including puffins, followed by a visit to beautiful Ålesund. Known for its Art Nouveau buildings and islands stretching out into the ocean, Ålesund offers three optional excursions including: **1.** the medieval village of Sunmøre, an open-air museum; **2.** Viking’s Island; or **3.** an in-depth city walk including Mt. Aksla, followed by free time. In the afternoon, enjoy cruising with time for lectures, relaxing on board, and keeping an eye out for whales. *EXPLORIS ONE (B,L,D)*

Sunday, June 7

TORGHATTEN & BRØNNØYSUND

Continue cruising north this morning with time for lectures. After lunch, arrive at the coastal town of Brønnøysund to delve

into its history and culture, surrounded by natural landscapes. Choose from optional excursions: **1.** Hike Torgghatten, known for its mythical mountain with a distinctive hole; **2.** Enjoy a panoramic drive and visit Hildur’s Farm for a taste of Norwegian farm life; or **3.** Explore Norwegian aquaculture at the Norwegian Aquaculture Center. Reboard in the late afternoon and depart for the Lofoten Islands, crossing the Arctic Circle along the way. *EXPLORIS ONE (B,L,D)*

Monday, June 8

REINE (LOFOTEN ISLANDS)

Enjoy a full day exploring the picturesque Lofoten Islands, where you’ll visit charming fishing villages like Å, Reine, or Nusfjord, each offering unique insights into local life. Discover the rich Viking heritage at the Lofotr Viking Museum, home to the world’s largest Viking longhouse, and visit a local farm indulging in a lunch ashore where you’ll learn about the islands’ efforts in sustainable farming. Conclude the day with the Captain’s farewell reception and dinner. *EXPLORIS ONE (B,L,D)*

Tuesday, June 9

DISEMBARK / HOME

Transfer to Bodø airport, or those with late flights may take an optional morning tour in Bodø, or you may begin the optional post-voyage extension. (B)



OPTIONAL EXTENSIONS

PRE-VOYAGE May 27-31, 2026

EDINBURGH & THE SCOTTISH HIGHLANDS

Fly from home to Edinburgh, Scotland. Spend the next few days exploring the highlights of Edinburgh and the Scottish Highlands. Enjoy two nights at Cheval Old Town Chambers, located in Edinburgh’s Old Town, a UNESCO World Heritage site. Continue with a private tasting and tour at one of Scotland’s top malt whisky distilleries. Unwind with a night at Dornoch Station and, if desired, play a round at the historic Royal Dornoch Golf Club—advance tee time reservations are strongly recommended.

POST-VOYAGE June 9-12, 2026

ART & GARDENS OF OSLO

After exploring Bodø, fly to Oslo for a three-night stay at the elegant and historic Grand Hotel, opened in 1874, and for over 140 years the host to international guests, world leaders, celebrities and the Nobel Peace Prize laureates. Highlights include the Vigeland Sculpture Park, the world’s largest sculpture park created by a single artist, Gustav Vigeland, featuring more than 200 of his works in bronze, granite, and wrought iron; and the Fram Museum of Polar Exploration, which artfully narrates the story of Norwegian polar exploration.

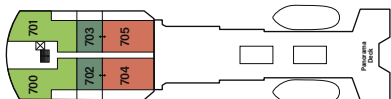
Further details and pricing will be sent to confirmed participants.



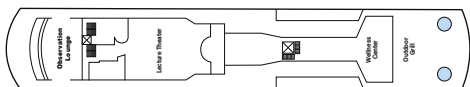
Exploris One

Previously known as the *Silver Explorer* and owned by Silversea Cruises, *Exploris One* began her new life with French company Exploris Expeditions after a full renovation in 2023. Having known this vessel for many years, we know her to be ideal for small ship cruising. Her shallow draft allows us to access remote areas larger ships can't reach, and guests enjoy spacious deck areas perfect for spotting wildlife and soaking in the scenery. *Exploris One* combines adventure with exceptional comfort. All 60 staterooms and 12 suites are outside and finished to high standards. Le Grand Restaurant and the Outdoor Grill offer refined French and international cuisine. The Grand Salon and Panoramic Lounge provide breathtaking views. Onboard amenities include a conference room for lectures, hair salon, fitness center, massage room, sauna, and two hot tubs.

PROGRAM RATES (per person):		DOUBLE	SINGLE
1	PREMIUM STATEROOM Deck 3 156–168 sq ft two portholes, shower	\$8,990	\$13,900
2	OCEAN STATEROOM Deck 3 194 sq ft picture window, shower	\$9,990	\$15,990
3	SUPERIOR STATEROOM Deck 4 173–190 sq ft picture window, shower	\$10,990	\$17,610
4	DELUXE STATEROOM Deck 4 194 sq ft large picture window, shower	\$11,990	—
5	BALCONY STATEROOM Deck 5 171–180 sq ft floor to ceiling glass door / French balcony, shower	\$13,490	—
6	NAVIGATOR SUITE Deck 7 312 sq ft floor to ceiling glass door, 86 sq ft private balcony, tub & separate shower	\$14,990	—
7	DISCOVERY SUITE Deck 5 388 sq ft bedroom, living room with sitting area, floor to ceiling glass doors / two French balconies, tub & separate shower	\$16,990	—
8	GRAND SUITE Deck 7 527 sq ft bedroom, living room with sitting area, floor to ceiling glass door, 86 sq ft private balcony, tub & separate shower, walk-in closet	\$18,490	—
9	OWNER'S SUITE Deck 7 560 sq ft bedroom, living room with sitting area, floor to ceiling glass door, large 160 sq ft private terrace, tub & separate shower, walk-in closet	\$19,990	—



DECK 7



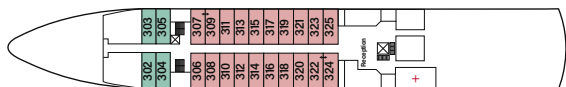
DECK 6



DECK 5



DECK 4



DECK 3

GENERAL INFORMATION

PROGRAM RATES INCLUDE

All accommodations, meals, and excursions as specified in the itinerary, including nine breakfasts, seven lunches, nine dinners, one hotel night and eight nights aboard *Exploris One*

- Comprehensive program of briefings, lectures and presentations
- Group transfers for all participants on group arrival and departure dates
- Baggage handling
- Gratuities to porters, waitstaff, guides and drivers
- Gratuities to shipboard personnel
- Port charges
- Entrance fees
- Welcome and farewell wine receptions
- House wine, beer, and soft drinks with all group lunches and dinners
- Filtered water for water bottles on motorcoaches
- Complete packet of predeparture information
- Professional tour managers throughout the program

AIR ARRANGEMENTS

U.S. domestic and international airfare is not included in the program rates. Valerie Wilson Travel, Inc., can help with airline arrangements for this trip and can be reached at (877) 376-1754. You are also welcome to book your air transportation through your local travel agent, an online travel site, or the airline of your choice. Further information about making flight arrangements will be sent to confirmed participants.

WHAT TO EXPECT

This is a moderately strenuous program, at times physically demanding and busy, with considerable walking at some sites. Hiking options are available in some ports, with distances of up to three miles. In some instances, elevators are unavailable, and stairs may not have handrails. You will need to climb into and out of Zodiacs for several excursions ashore—and there may be additional use of the Zodiacs to take advantage of opportunities that arise. Participants should be fit and in active good health. Limited medical facilities are available on board *Exploris One*. All participants will be required to follow safety protocols set forth by Criterion Travel, local staff, and host country laws.

PROGRAM RATES DO NOT INCLUDE

U.S. domestic and international airfare

- Passport/visa expenses
- Medical expenses and immunizations
- Private airport transfers or airport transfers outside of group arrival and departure days
- Travel and trip cancellation insurance
- Excursions that deviate from the scheduled tour options
- Airline baggage charges
- Meals not specified in the itinerary; dishes and beverages not part of the included meals; liquor or soft drinks except as noted
- Laundry or dry cleaning
- Telephone, fax,

internet, and email charges ■
Room service ■ Other items
of a personal nature

GROUP SIZE

This program can accommo-
date 114 participants.

TRAVEL INSURANCE

National Trust Tours strongly
recommends the purchase
of trip cancellation insurance,
which is available for
coverage of expenses in
conjunction with cancellation
due to covered illness or
accident. In the event that you
must cancel your partici-
pation in a travel program,
trip cancellation insurance
may be the only source of
reimbursement. USI Travel
Insurance Services offers a
plan designed specifically for
National Trust Tours travelers,
providing coverage for Trip
Cancellation, Trip Interruption,
Emergency Medical, and
more. Plus, you can upgrade
your plan with Cancel For Any
Reason (CFAR) coverage for
the utmost flexibility. CFAR
allows you to cancel your trip
for ANY reason at all and be
reimbursed up to 75% of your
pre-paid, nonrefundable trip
costs (conditions apply, see
plan for details). To purchase
travel insurance today, call:
(800) 937-1387. For additional
information, please contact
National Trust Tours at (888)
484-8785. Complete Terms
and Conditions including a
Statement of Responsibility
will be made available at time
of registration, or in advance
upon request. A signed
"Terms & Conditions, Release
from Liability, Assumption of
Risk and Binding Arbitration
Clause" is required from each
applicant prior to participa-
tion on the tour.

RESERVATIONS &
PAYMENTS

A deposit of \$1,000 per person
is required to reserve space
on this program. If you have
questions, or to register using
a credit card, please call
(888) 484-8785 or email
info@nationaltrusttours.com.
Final payment deadline is
January 30, 2026. For those
who register on or after
January 30, 2026, full payment
is due upon registration. Final
payment may be made by
check, bank transfer, or credit
card (credit card payments
will incur a 2% fee).

CANCELLATIONS &
REFUNDS

Upon payment of the \$1,000
per person deposit, all
reservations are subject to the
cancellation provisions set
forth below and by which the
passenger agrees to bound.
Cancellations shall not be in
effect until they are received
in writing and confirmed by
the National Trust for Historic

Preservation. Deposits are
refundable (less a \$250 per
person administration fee) if
written notice of cancellation
is received within 30 days
of reservation; after that,
deposits are 100% nonrefund-
able. After the final payment
deadline on January 30,
2026, all payments are 100%
nonrefundable, regardless of
booking date. Trip cancel-
lation insurance is strongly
recommended. **NOTE:** Neither
the National Trust for Historic
Preservation nor Criterion
Travel, the tour operator,
accepts liability for any air-
line cancellation penalties
incurred with the purchase
of nonrefundable tickets.

ITINERARY CHANGES

The itinerary presented for
this tour is subject to
modification and change by
the National Trust for Historic
Preservation and Criterion
Travel. Every reasonable effort
will be made to operate the
program as planned; however,
should unforeseen world
events and conditions require
the itinerary to be altered,
the National Trust for Historic
Preservation and the tour
operator reserve the right to
do so for the safety and best
interest of the group. Any
extra expenses incurred in
this situation are the responsi-
bility of the participant.

ELIGIBILITY

National Trust for Historic
Preservation tours are open
to members only. Member-
ship dues for 2025/2026 are
\$30 for family and \$20 for
individual membership. The
minimum age limit for the
program is 14. Children must
pay the full price, and those
under 18 must be accompa-
nied by a parent or guardian.
There is no maximum age
limit.

PLEASE NOTE

Participants must be in
excellent health and able to
participate in tour activities.
Any physical condition that
may require special medical
attention must be reported at
the time of your reservation.
If you have any doubt about
your ability to participate
fully due to health conditions
or disabilities, contact the
National Trust at (888) 484-
8785 or (202) 588-6300. The
National Trust for Historic
Preservation and Criterion
Travel reserve the right to
decline to accept or retain
any person as a member
of this tour at any time. In
such case, the refund will be
limited to the recoverable cost
of unused tour services.

California Seller of Travel
Program CST #2088800-40

HIGHLANDS,
ISLANDS & FJORDS
MAY 30-JUNE 9, 2026

RESERVATIONS

For more information or to register by phone
(preferred method of registration), please
call National Trust Tours at (888) 484-8785.

NAME #1 (as it appears on passport) DATE OF BIRTH

NAME #2 (as it appears on passport) DATE OF BIRTH

MAILING ADDRESS

CITY / STATE / ZIP

HOME PHONE

MOBILE PHONE

EMAIL #1

EMAIL #2

Are you traveling with any other parties on this
program? ☐ Yes, _____

PAYMENT INFORMATION

☐ Enclosed is my check for \$_____ (\$1,000
per person, payable to Criterion Travel) for _____
place(s) on **HIGHLANDS, ISLANDS & FJORDS**.
☐ Please charge my deposit of \$_____ (\$1,000 per person) to my (*circle one*): VISA/MC/AMEX

NAME ON CREDIT CARD

CARD # EXP. DATE / CVV SECURITY CODE

CARDHOLDER SIGNATURE DATE

ACCOMMODATIONS (not guaranteed)

Cabin category preference: 1st _____ 2nd _____
Bed preference: ☐ One bed ☐ Two beds

SINGLE TRAVELERS (choose one)

☐ I prefer single accommodations (*limited availability*)
☐ I plan to share accommodations with: _____

☐ I'd like to know about roommates. *I understand
that if a roommate cannot be found by the final
payment deadline of January 30, 2026, I will pay
the single rate.*

*I/We have read the tour information section of the
brochure and agree to the Terms and Conditions
stated therein.*

SIGNATURE #1 DATE

SIGNATURE #2 DATE

HIGHLANDS, ISLANDS & FJORDS

MAY 30-
JUNE 9, 2026

From the
Scottish Highlands
and Orkney Islands
to Norwegian Fjords
and Lofoten Islands



National Trust *for* Historic Preservation
National Trust Tours

105 Loudoun Street, SW, Unit 1, Leesburg, Virginia 20175

www.nationaltrusttours.com

(888) 484-8785 or (202) 588-6300

info@nationaltrusttours.com

Find us on  National Trust Tours

