National Trust *for* Historic Preservation
National Trust Tours

RIVER | LAND JOURNEY



ACTIVE TRAVEL for Cultural Explorers

China

May 19-June 2, 2028

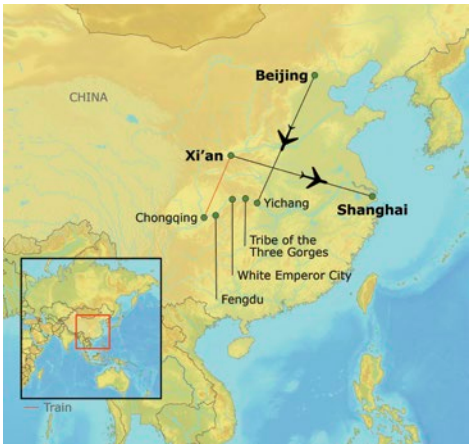
featuring the Yangtze River

Inspiring Moments

- Cruise the storied **Yangtze River,** a four-night passage through the stunning **Three Gorges** region.
- Walk along the top of the monumental **Great Wall of China.**
- Feast your eyes on the stunning **Forbidden City** and other Beijing sights.
- Marvel at the **Terra Cotta Warriors,** the army of statues guarding an imperial tomb.
- Explore **The Bund,** Shanghai's iconic promenade, and peaceful **Yu Garden.**
- Try enticing regional cuisine from **Peking Duck to Shanghai soup dumplings.**
- Experience four **UNESCO World Heritage sites.**



Top: Great Wall of China | Above: Dumpling making



Itinerary

Day 1	Depart gateway city
Day 2	Cross the international date line
Day 3	Arrive in Beijing; transfer to hotel
Day 4-5	Beijing
Day 6	Fly to Yichang | Embark ship
Day 7	Cruise through Three Gorges Dam | Xiling Gorge
Day 8	Shennong Stream | Wu Gorge | Qutang Gorge
Day 9	Fengdu
Day 10	Disembark ship | Chongqing | High-speed train to Xi'an
Day 11	Xi'an
Day 12-13	Shanghai
Day 14	Transfer to Shanghai airport; depart for gateway city
Day 15	Arrive in gateway city

Flights and transfers provided for AHI FlexAir participants.
Note: Program elements are subject to change and may be substituted with comparable alternatives when necessary.

Included Features

Accommodations {with baggage handling}

- **3 nights** in Beijing, China, at the deluxe New World Beijing Hotel.
- **4 nights** aboard the first-class *Victoria Cruises* ship.
- **2 nights** in Xi'an, China, at the first-class Sofitel Xian on Renmin Square.
- **2 nights** in Shanghai, China, at the deluxe InterContinental Shanghai Jiang'An.

Transfers {with baggage handling}

- All transfers in the Land | Cruise Program: flights, train and deluxe motor coaches.

Extensive Meal Program

- 11 breakfasts, 7 lunches and 7 dinners, including Welcome and Farewell Dinners; tea, coffee or soft drinks with all meals, plus wine or beer with lunch and dinner during the cruise.

Your One-of-a-Kind Journey

- **Enrichment by an expert speaker** enhances your insight into the region.
- **Engaging excursions** showcase the local culture, heritage and history.
- **Free time** to pursue your individual interests.
- Welcome and Farewell Receptions to mingle with fellow travelers.
- A personal VOX headset to hear your English-speaking guide clearly.
- Tipping of guides, drivers and ship crew.
- **AHI Sustainability Promise |** Striving to make a positive impact wherever we travel.

A World of Discovery

AHI Connects | *Dumplings & Tea.* Roll up your sleeves and learn how to make delicious dumplings in the courtyard of a traditional home before enjoying lunch. Visit a teahouse to taste a variety of teas and experience a traditional tea ceremony.

Great Wall of China. Travel outside of Beijing to the Mutianyu section of the Great Wall of China. Here, ride a cable car up to the top of the wall, where you can take in sweeping views of the countryside and see the wall snaking through forested hills.

Highlights of Beijing. Visit Tian'anmen Square and the Forbidden City. The city's famous square is the world's largest. See its many monuments, including the Mao Zedong Memorial Hall, before continuing to the Forbidden City, the grand imperial complex that was the seat of power from 1420 to 1924.

Tribe of the Three Gorges. As the ship enters the stunning Xiling Gorge, glimpse local traditions during a visit to the Tujia and Ba peoples. See Ba statuary, meet local fishermen, listen to traditional boatmen's songs and enjoy cultural performances, including the Crying Wedding ceremony of the Tujia people. Scenic highlights include the Dragon Stream, Monkey Hill, Lover Bridge and Huanglong Waterfall.

The White Emperor City. Enter the Qutang Gorge and visit Baidi Cheng, or the White Emperor City, which dates from the first century. This fortress and its temples have inspired poets for centuries. Here, you will have the best vantage point to see the Kui Gate, the entrance to Qutang Gorge that is depicted on the 10-yuan note.

Fengdu Ghost City. Learn about Chinese mythology and the afterlife in Fengdu. In Chinese folklore, Fengdu is known as the home of the King of Hell, and it was one of China's best-known Taoist cemeteries. It also is one of the many towns now submerged under water because of the Three Gorges Dam project. As a result, only a hill and several temples remain of Fengdu, now an island in the Three Gorges reservoir.

Terra Cotta Warriors. Marvel at the army of life-sized terra cotta soldiers, each one unique, that guards the tomb of Emperor

contd.

Qin Shi Huang. Ancient artisans also created horses and chariots to accompany the terra cotta troops.

Xi'an. Visit the ancient city wall, one of the best-preserved city walls in China. Continue to the Beilin Museum, a former Confucian temple with an impressive collection of stone steles etched with exquisite Chinese calligraphy. The writings capture poetry, philosophy and historic events.

Highlights of Shanghai. Take a walk down The Bund, Shanghai's iconic boulevard along the Huangpu River, and admire the collection of buildings that spans centuries of architectural styles. Next, visit Yu Garden, a peaceful oasis lovely pavilions, bridges, a teahouse and ponds filled with colorful koi. Savor a lunch of delicious xiao long bao, Shanghai's famous soup dumplings before continuing to the leafy boulevards of the French Concession, seat of Shanghai's French-controlled government from 1849-1946.

Enrichment

– History & Culture of China

UNESCO World Heritage

1. **Beijing Central Axis**
2. **Imperial Palaces of the Ming and Qing Dynasties in Beijing**
3. **The Great Wall,** Mutianyu
4. **Mausoleum of the First Qin Emperor,** Xi'an

Accommodations

New World Beijing Hotel | Beijing

Victoria Cruises Ship

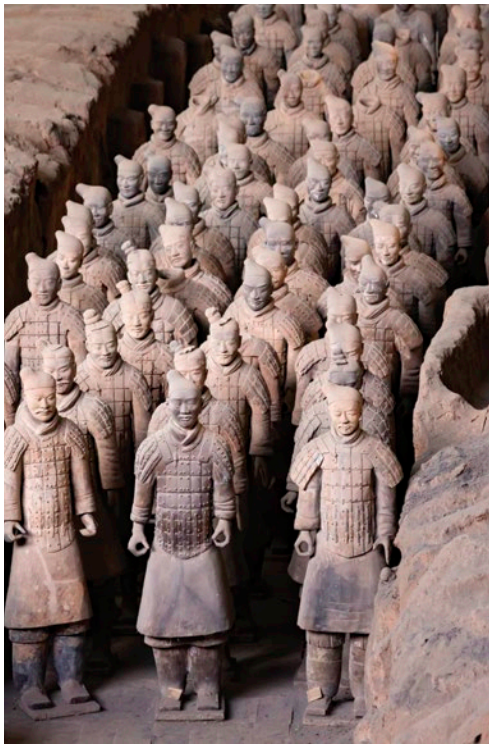
278-cabin River Cruise Ship

Ship's registry: China

Sofitel Xi'an on Renmin Square | Xi'an

InterContinental Shanghai Jiang'An | Shanghai

Tripadvisor



Terra Cotta Army

AHI Travel Expertise

Our dedicated team helps travelers explore the world safely and securely.

Travel Consultants | Guide you through the reservation process, offer assistance with flights, electives and special requests.

Travel Director | Manages all details to ensure a safe and memorable trip.

Travel information | Prepares you fully for your journey.

Expert local guides & lecturers | Deepen your appreciation for the region.

Let us arrange your flights!

AHI FlexAir | Our personalized air program features transfers, assistance and flexibility.



The Three Gorges

ACTIVE TRAVEL

Excursions on this program require:

– walking on unpaved paths and/or uneven surfaces
– getting on/off motor coaches, boats and/or trains
– walking through train corridors whether the train is in motion or stopped